

GENERAL SECRETARY REPORT**S.Y. B.Ed. AY - 2019-20**

By – Mrs. Harvinder Kaur Bhamrah



As we are about to end our two years of B.Ed. program, we are filled with mixed emotions, sweet memories of days filled with laughter, dancing and singing with friends, a chat in canteen, morning assemblies, lessons of our teachers, their guidance and motivation, anxiety during assignment submissions and the satisfaction of successfully completing first year of B.Ed. and ardour for our future.

The efforts put in by our teachers to mentor and train us for our future cannot be expressed in words. Words of inspiration and encouragement from our Principal, DR. Sally Enos and by our teachers were blessings to us. We entered as amateur but are replete with values and skills.

ORIENTATION TO SECOND YEAR: Orientation to second year was given by Principal, DR. Sally Enos for upcoming internship, evaluation workshop, simulated lessons workshop, essay test and class test. She motivated us to be focused and extract as much as possible from upcoming internship.

YOGA WEEK: Nothing else could be the start of the next part of our journey with an aim towards a healthy mind in a healthy body. We started with yoga week, thanks to Mrs. Bindu Tambe, we learned various asana and exercises that could be done at home as well and helped us rejuvenate and lower stress level. Yoga week brought a positive start for our coming year.

EVALUATION WORKSHOP: Evaluation workshop was carried out in a well-planned and systematic manner. It included year plan, unit plan, weightage table, blueprint, question wise analysis, scoring key and marking scheme explained to us by DR. Sally Enos, Mrs. Bindu Tambe, DR. Bhavna Dave, DR. Geeta Thakur, Mrs. Pradnya Jadhav and DR. Pratima Pradhan. The workshop was conducted briefing its importance as a teacher in whole academic year and doubts cleared.

SIMULATED LESSON WORKSHOP: Training was given to us before our internship to learn methods and models that will motivate students to learn and sustain

their interest in classroom. The workshop included Inquiry Training Model (ITM), Concept Attainment Model (CAM) and Theme Based Lessons by Mrs. Bindu Tambe and DR. Bhavna Dave, DR. Pratima Pradhan and DR. Geeta Thakur and DR. Bhavna Dave respectively. Each detail of the models was explained in a systematic manner.

NAI TALIM EXPERIENTIAL LEARNING: Gandhiji said, “*By education I mean an all-round drawing out of the best in the child and man-body, mind and spirit*”. He truly believed in learning by doing. With this aim Nai Talim Experiential Learning was introduced. A detailed explanation of Nai Talim Experiential Learning Lesson Plan was given, and doubts were cleared.

ORIENTATION TO INTERNSHIP: Orientation to internship was given by Mrs. Pradhnya Jadhav. We were given instructions on the distribution of lessons with respect to general lessons, theme based lessons, co-teaching with schoolteachers and experiential learning lessons. The internship was for eleven weeks.

HINDI BHASHA DIVAS: We celebrated Hindi Bhasha Diwas with great zeal. The group performance was based on the internship school we attended. Everyone put up a great show including poetries, skit, hasya-kavi sammelan, songs and thoughts on Hindi Bhasha Divas the day. We had a wonderful day appreciating the importance this day.

FRESHERS WELCOME & TALENT HUNT: On 23rd October 2019, we welcomed our freshers with gusto. Dance, songs, group songs and jokes were a highlight of the day. The freshers too magnificently exhibited their talents in dance and singing with great enthusiasm.

COMMUNITY SERVICE: *One of the most important things you can do on this Earth is to let people know they are not alone – Shannon L. Alder.*

As a part of our contribution towards the society, we extended our services to the children of ‘Bhartiya Manav Vikas Trust’ and ‘Rotary Special School for Hearing Impaired Children’ lead by our teacher Mrs. Bindu Tambe. We interacted among children with special needs; children with physical, developmental and behavioural abnormalities. This experience made us wise and taught us to be patient and understanding towards others, not to make assumptions, be encouraging independent

and look out for strengths in others. This is surely going to help us in future; we will be able to look at each child as a unique individual without judging their abilities.

SEMINAR: On 23rd December 2019, National Level Seminar was held at our college on Environmental Re-Engineering Series-10, People and Nature: A Livable and Sustainable Future. The seminar was very informative and our fellow classmate Ms. Archana Jha also presented a paper on '*Prakiriti ke Upar Soch ka Prabhav*'.

RECYCLING PLASTIC: Plastic is one of the biggest problems that we are facing in the present era. The best that we can do is Reduce, Reuse and Recycle. Instead of putting it to trash we contributed towards a better environment by recycling plastic. Students took initiative to collect plastic bottles from nearby areas. These plastic bottles were then taken to the recycling machine at Pillai's College of Arts, Commerce and Science, Panvel under the observation of DR Geeta S. Thakur.

WALKATHON: Walkathon, a Government of Maharashtra initiative, to create awareness on traffic rules was held on 30th December 2019. Students participated in the 2km walk and conveyed the message of 'No honking', 'Road safety' and 'Responsible driving' in a peaceful manner in the neighbourhood.

ACTION RESEARCH WORKSHOP: We were given brief introduction to Action Research, identification of tools, selection of problem, research methodology, collection of data, data analysis, writing findings, suggestions and conclusion was explained in detail and doubts cleared.

COMPETITIONS:

- **HINDI VAD-VIVAD SPARDHA:** Ms. Deepika Yadav and Ms. Nirupama Kumari participated in Hindi Vad - Vivad Spardha, intercollegiate competition on 'IS SOCIAL MEDIA BENEFICIAL FOR THE SOCIETY?' held on 28th September 2019.
- **PAINT-A-THEME:** Ms. Archana Jha and M. Purna Nair participated in PAINT-A-THEME organized by SIES Institute of Comprehensive Education.
- **FELIZIA:** Ms. Pooja Mishra, Ms. Purna Nair, Pinky participated in FELIZIA- Intercollegiate Event in Nail Art, Poster Making and Mehendi respectively on 22nd November 2019.

- **ANTI DOWRY MOVEMENT, BOMBAY:** Anti Dowry Movement, Bombay organized Intercollegiate Elocution Competition for B.Ed. Colleges on 3rd October 2019, Ms. Harvinder Kaur and Archana Jha had participated.
- **POSTER COMPETITION:** We had poster competition at our college with theme 'Issues related to women' Or 'Women empowerment' dedicated to International Women's Day. We had great participation with colourful alluring posters from each group.

WORKSHOP

- **BULLETIN BOARDS:** We had an interesting session on **Innovative ways to Design Bulletin Boards** on 11th November 2019 by our alumna Ms. Reshma Nair. The workshop highlighted the importance of bulletin boards, designing a bulletin board, various themes that can be a part of the bulletin board. The session was informative for students to understand the importance of bulletin boards not only aesthetically but also as a means of providing information by putting up literary corner, math/numeracy corner, hygiene maintenance corner, birthday corner, classroom rules, for lower grades- weather charts, like rainy season with cartoons, conversation between characters. Students participated with abundant excitement to make a bulletin board on ecosystem for the class.

CLUB ACTIVITIES

WELLBEING CLUB

- **DISASTER MANAGEMENT:** It was an honour to have Commander Smt. Rajeshwari Kori, Deputy Controller and Civil Defense and Asst. Deputy Controller K.R Kurkute at our college to show various techniques for DISASTER MANAGEMENT (First aid, Fire and Rescue operations). Smt. Rajeshwari Kori an inspiration to other woman worked with the Indian Navy and was the first Indian woman to have sailed on-board a warship in uniform. She students were enthused by the efforts she put in to bring about gender equality in the Indian Navy.

Mr. K.R Kurkute a highly knowledgeable person shared with us various techniques in disaster management. He demonstrated different ways of handling people with fracture, bleeding and snake bite. Simple techniques like using

sling, cuff and collar bandage, head bandage, etc. were new to us and interesting. He also introduced different types of tying knots on rope to help in different situations. Students participated to learn Rescue operations with the help of rope. We also learned Emergency Rescue Method to help in situations where stretchers are not available, and people generally do not know how to lift and carry such patients. Students volunteered themselves for the demonstration of the same.

- **ART OF LIVING:** We had a session by Mr. Santee and Ms. Mohave who filled us with positivity and understanding the importance of a balanced state of mind that is linked to energy. Mind oscillates between past and future, when we think about past it is filled with regrets, guilt and we are filled with fear and anxiety when we think about future. The session focused on linking brain and mind to positive energy level and was concluded with few breathing exercises.

NATURE CLUB

- **PLASTIC AND THE ENVIORNMENT:** Awareness programme on “*Plastic and the Environment*” sponsored by The Shakti Plastic Industries - Turning water to value. Mrs. Kalpana Andhare conducted several trainings and workshops on solid waste management and reached to more than one lakh students, visited cities with government officials. The session put light on carelessness in disposing waste such as blade or broken glass exposing serious damage to rag pickers, littered plastics consumed by animals and its serious consequences. Rightly said “My waste my responsibility”. As teachers of tomorrow the session was worth for it to be seeded into the young minds and ultimately society to form a better and cleaner environment.

WOMEN DEVVELOPMENT CELL

- **GENDER SENSITIZATION:** We had a talk on ‘GENDER SENSITIZATION’ by Mrs. Dolly James. With 30 years of experience in social work and work experience with NGOs at grass root level, it was an honour to have her at our college. The talk included gender equality, problems faced by LGBTQ and transgenders; discrimination, abuse, mental health, government policies and the bills guaranteeing rights to the group. All humans are equal and as a teacher it is

important to have a positive attitude towards everyone in the society if we aim to bring about a change in society.

GOLDEN JUBILLE YEAR: 11th January 2020 was a big day for all of us at MES as the organization enters its 50th year from the day of its conception. **MES 50 years LOGO** was unveiled followed by a cultural presentation by the students of the Khanda Colony campus. The eminent alumni of the institutions at Khanda colony campus shared their memories on the culture and values they acquired as a student of MES. The energy and excitement during the unveiling of the banner marked a proud day for each one of us.

TALK ON “A JUST WORLD BEGINS WITH YOU”: On 22nd January 2020 we had an interesting talk by Mr. Rajesh Kumar (Alumnus). Ex. Serviceman, MA in Psychology and CEO of ASHA Handcrafts. He stressed on the title of his session “A just world begins with you” by sharing his life’s journey with us. He expressed his gratitude towards our college which proved to be a turning point in his life. He believed having a good trusted mentor in life is important as they can see beyond what you can see. He motivated us with the power of a teacher, getting inspired and inspiring others. He showered us with inspiring quotes and two questions that one must ask himself/ herself, “Why I am doing this?” & “Why I am doing what I am doing?”

TALK ON “CAREER OPTIONS IN EDUCATION BEYOND TEACHING”: On 7th March 2020 we had a talk on – “Career Options in Education Beyond Teaching” by Ms. Shaily Shah (Alumna). She took us through her journey, working with slow learners, motivating teachers and a want to do more for teachers. The talk helped us know different career options beyond teaching such as App designing, school cinema reading program, educational entrepreneur, research and development. She motivated us to be a learner, to keep participating and to keep learning.

PLACEMENTS: Placement drive for second year students started from 4th January 2020. We were well groomed by DR. Geeta S. Thakur to face interviews, to make resume, dress for interview and face with confidence. Reputed institutions approached our college and selected students. Mam kept students in full enthusiasm and updated us with various opportunities and openings for students to approach.

We thank our Principal, Teachers and all other Employees for all the love and care and making us better people of tomorrow and being indispensable part of our life. Teaching and training us such that every time we leave a classroom, we are confident to say, “I gave them my all, because I really do care about them”.



Art by Mrs. Harvinder Kaur Bhamrah

S.Y. B.Ed. (2018-20)

GENERAL SECRETARY REPORT**(F.Y. B.Ed.) 2019-2020**

By - Ms. Larissa Periera



Mahatma Gandhi once said “Live as if you were to die tomorrow. Learn as if you were to live forever” - This quote certainly describes our journey that we began with MES’ Pillai College of Education and Research. Each student that has come into this college has learned the essence and the qualities of an effective teacher. Above all, each and every student has learned to serve the society with humility and empathy. We began our journey of F.Y. B.Ed. on 1st October 2019.

Orientation to the B.Ed. program- An orientation was held in the seminar room to acquaint students regarding the activities both academic and co-curricular that would be organized throughout the semester. Our faculty in charge spoke to us about the vision and mission of our institution. They also spoke about the humble beginnings that MES’ had. Today it is like a tree with different branches and continuously evolving and educating young minds. At MES’ PCER, our belief is of transparency and dedicated work among teachers and student-teachers as well.

We were clearly told about our behaviour and discipline that each one had to follow, as now we were part of such a heritage institution. DR. Sally Ma’am, our principal, spoke a few words of encouragement. She emphasized on controlling our mind-sets as once the mind is controlled we can value our time and work accordingly. She also mentioned that we must not measure our work and do our work wholeheartedly. She further mentioned that we must be stewards of our task and do everything with passion. MES’ PCER holds distinguished activities for the intellectual, social and cultural development of its students. Let’s take a tour through the academic year 2019-2020.

Workshop on Dyslexia awareness- On 4th October, 2019 a workshop on Dyslexia was held at CKT college, Panvel. The workshop was organized by Bharatiya Manav Vikas Sanstha in association with the Maharashtra Dyslexia association. Ms. Priyanka Pandit and Ms. Sai Gharpure were the speakers. They spoke about specific learning disorders. They also mentioned that dyslexia, dysgraphia and dyscalculia coexisted

together. As teachers we need to be very patient with students with specific learning disorders and understand that these students are equally capable of doing great things. We need to be aware about the different provisions that the government has made so as to engage them and encourage them in their own fields. It was a wonderful experience being part of this workshop as it enriched our knowledge and also helped us to understand the various difficulties that differently-abled students face.

Garba Day- The student council of S.Y. B.Ed. organized the Garba afternoon for all students on 5th October, 2019. All students were dressed up traditionally and attended this event. It was an afternoon filled with fun, laughter and endless dance. The first year students grooved to music and showcased their dance talent.

Community Work- On 11th October, 2019 all F.Y. B.Ed. students attended community work in Shantivan, Nere. Mr. Neelkanth Jaganaath Koli welcomed us and addressed us about the Leprosy Eradication and Rehabilitation Trust. He shared the struggles of patients with leprosy and how the society treated them in those days. He told us about Shantivan and the various activities that it carries out like farming and carpet weaving. We attended two days of community work. On the second day, we visited a tribal school. They welcomed us with different claps and told us about their institution and their schedule for the entire day. We played games with the students and it was a great experience.

Cultural activities- On 18th October 2019, we had a cultural display of Jharkhand and Tamil Nadu and represented their state and their culture. On 22nd and 24th October; Gujarat and Maharashtra were presented respectively. Students also presented states like Punjab and West Bengal. All students participated with great enthusiasm.

Talent hunt- On 25th October, 2019 a talent hunt cum freshers' party was hosted by our seniors. All first years were invited for this event. The event consisted of spectacular dance performances, melodious songs and a fashion show.

Workshop on designing Bulletin Boards- On 11th November, 2019 a session on Innovative ways to design bulletin boards was organized by Mrs. Reshma Nair an alumna of our college. She explained about bulletin boards and how we can design them in a 3D way. She also emphasized the use of environmental friendly resources

during the course. She mentioned that weatherboards, birthday boards, hygiene and vocabulary boards can be made.

Awareness Programme- On 13th November, 2019 an awareness programme on plastics and the environment was organized. The speaker was Mrs. Kalpana Andhare. She presented a short film to help us understand the crisis situation due to the drastic wet wastes that we produce. She mentioned the importance of segregation wastes into dry and wet. Also, sharp objects should not be disposed of in dustbins as these can prove fatal to rag pickers who earn their livelihood from these wastes.

The session was very useful and helped us understand how we should minimize the use of plastics and also segregate the wastes at our home.

Disaster Management Workshop- From 14th November 2019, there was a 3 day disaster management workshop. Mr. K.R. Kurkute was the speaker throughout the workshop. He spoke about civil defence organization and the work done by them. He also demonstrated various first aid modules like bandages and explained their uses.

Felizia- An inter-collegiate event- On 23rd November, 2019 Felizia an inter-collegiate event was organized by the University of Mumbai in association with MES Pillai College of Education, Chembur at the University sub-campus Thane. The second year students along with a first year student represented our college in competitions such as nail art, extempore and poster making.

Student Council Elections- On 25th November, 2019 the elections were held in a democratic process. Each student voted and all their votes were collected in a ballot box. Ms. Suchitra, Dipali, Anna and Larissa contested for the elections. The campaigning was done well before and each student was aware about the candidates. On 29th November, 2019 the student council was elected. Ms. Larissa Pereira was elected as General Secretary. Ms. Dipali was the academic secretary. Anna Susan George was elected as the college magazine head. Suchitra Pillai was elected as the cultural secretary.

Walkathon- After the council was elected, on 30th November, 2019 a walkathon was organized around Khanda colony. The first year and second year students participated. It was a silent walk for Road Safety awareness. Our entire faculty along with our principal DR. Sally Enos participated in this event.

Poster-making Competition- On 14th December, 2019 a poster-making competition was held for all first year students on the topic “*Our duties as a good citizen*”. All the students participated with great enthusiasm. The posters were meaningful and colourful. On 16th December, 2019 an essay writing competition was held for all first year students. All students were asked to write about two National Holidays and ways to celebrate it. Everyone participated with great zeal.

National Level Seminar- On 23rd December, 2019 a national level seminar on “People and Nature: A Livable and Sustainable Future” was organized. Ms. Anna George, Supriya Francis and Larissa Pereira from the F.Y. B.Ed. presented their papers at the seminar. The seminar saw many personalities both young and experienced sharing their insights and presenting their research.

University Examinations- From 6th January 2020 onwards the University Examinations began and concluded on 10th January 2020.

Golden Jubilee Celebrations- On 11th January, 2020 MES’ Pillai College of Education & Research celebrated its Golden Jubilee. It was a significant moment in the legacy of our institution. DR. K.M Vasudevan Pillai, the Chairman and COO and his entire family graced this occasion. It was a moment of pride and honour for all teachers and students at MES. Students were part of these celebrations with great fervour.

Internship- The micro skills session was done by our professors so that all students are equipped with the skills required for a teacher. On 27th January, 2020 our internship began. Students were distributed evenly in different schools. Each student had to complete 5 lessons as part of the practical work. All lessons were observed by the faculty in charge and had to be completed with a fair lesson plan and using various teaching aids. Students enjoyed their first internship and their dedicated work was appreciated by all the teachers. The internship concluded on 15th February, 2020.

Session on Yoga- On 15th February, 2020 a session on Yoga was conducted by our alumnus for all students by Ms. Bharti Iyer. It was an enriching session which consisted of different asanas and laughter therapy.

National Science Day- On 28th February, 2020 on the occasion of National Science day, a visit to Homi Bhabha Science Center, Mankhurd was organized. DR. Geeta

Thakur accompanied all first year students. It was a memorable experience to attend this event. Students could observe different exhibits and could understand the science behind many things.

Talk on Transgender issues- On 6th March, 2020 a talk was held on the topic Transgender issues. The speaker for the same was Mrs. Dolly James. She spoke on the plight the transgenders face. She also expected us teachers to be empathetic towards these people. Acceptance and inclusion of these communities can ensure their struggles being reduced to some extent.

Women's Day Celebration- March is indeed a month where we honour and show our gratitude to women everywhere. In view of this, a women's day quiz was conducted on the same day by Prof. Bindu Tambe. A pre-test was conducted to finalise the quiz teams. The quiz was based on Indian women achievements in various fields. There were visual and audio rounds. It was an enthralling experience to be a part of it.

Talk on Career Opportunities On 7th March, 2020 a talk on "Career Opportunities in Education" beyond teaching was held by Mrs. Shelly Shah. It was organized for both first year as well as second year students. The session was very informative and helped understand the different avenues we would have as teachers. It also instilled in us motivation and taught us to be passionate in everything that we do.

Traditional Day- On 11th March, 2020 a traditional day was organized by the student council members. Students were asked to dress cross culturally. Also, pot luck was organized on that day. Students prepared various dishes. All students shared their sumptuous food and enjoyed the day.

Class photo- On 12th March, 2020, a class photograph was clicked with all the students and faculty members along with our principal DR. Sally Enos.

Henry Adams said "*A teacher affects eternity; one can never tell where their influence stops.*" We wish to imbibe all the qualities taught to us and walk towards our destination of touching lives and carving futures of our students
