



**MAHATMA EDUCATION SOCIETY'S  
PILLAI COLLEGE OF EDUCATION & RESEARCH  
NEW PANVEL**

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**Newsletter 28**

**May 2023**



***Congratulations** the student teachers from Pillai College of Education and Research, New Panvel for securing the second prize at the intercollegiate dance competition hosted at Tilak Education Society's Sharda Kurup College of Education and Research on February 11, 2023!*



**ONSET OF CHANGE**

2<sup>nd</sup> January 2023 marked a significant and typical day for every newcomer of the academic batch 2022-2023 at Pillai College of Education and Research. It was a day filled with excitement, happiness, music, enthusiasm, laughter, and joy for the new students. This occasion held great importance for the school as it brought together seniors and juniors to celebrate. The Student Council Members organized the event with immense energy, inviting students to participate eagerly. Light symbolizes sanctity and success; much like sunlight dispels darkness, it brings

blessings and joy into our lives. The inauguration of the event commenced with the lighting of the lamp and blessings from goddess Saraswati. Senior student teachers from the S.Y. B.Ed. batch warmly greeted the incoming F.Y. B.Ed. students. Dr. Sally Enos, the Principal of PCER, extended a warm welcome to the students and provided a brief overview to conclude the event. Even after the conclusion, the students carried a sense of anticipation in their eyes and sheer delight in their smiles, indicating their high spirits and hopes for the future.



## CULTURAL ACTIVITIES

Street Play was held on 2<sup>nd</sup>, 3<sup>rd</sup>, and 30<sup>th</sup> January 2023. The topics encompassed 'Cybercrime,' 'Gender Projection in Media,' 'Influence of Family, Peers, Religion, and Culture on Gender Identity,' 'Gender Stereotyping,' and 'Gender Biasness in Health, Nutrition, and Education.' These themes

shed light on sensitive issues and proposed solutions. Participants exhibited creativity by crafting slogans and songs for their plays. The activity fostered socialization, emphasized teamwork, facilitated mutual understanding, and bolstered confidence among group members.



## STUDENT COUNCIL ELECTION

"One vote holds the power to steer the ship off course." Student council elections were held on 9<sup>th</sup> January 2023. Each student teacher cast their vote for the elective representative of the student council group. The elected representatives pledged to fulfill

their duties diligently and strive for the well-being of all students and the institution. Teachers welcomed all the members by presenting them with badges.



## "FIRST IMPRESSION IS THE LAST IMPRESSION"







The commencement of the academic year took on an athletic tone with the Annual Sports Day, hosted on January 14, 2023, by Pillai College of Education and Research's Well-Being Club in New Panvel. The primary objective of this sports day was to

### **“FUELING INSPIRATION, IGNITING CHANGE”**

Swami Vivekananda has rightly said, “Service to man is service to god” In line with this ideology, Community Service Day is celebrated every year by the Pillai Group of Institution. On 4<sup>th</sup> February 2023, Pillai College of Education & Research, New Panvel invited children from Immanuel Mercy

Home Ashram to celebrate the day. Various games and dance party were arranged by the teachers and volunteers, which the children really enjoyed. Refreshments were given to the children and gifts were distributed by our Principal Dr. Sally Enos.

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### **“THE PART CAN NEVER BE WELL UNLESS THE WHOLE IS WELL”- PLATO**



MIT School of Education and Research in Pune hosted a webinar titled "Implementing Well-being in Educational Settings" on January 12, 2023. Dr. Debarati Basak, our esteemed guest speaker, holds an MA in Psychology from Calcutta University and an M.S. in Psychotherapy and Counseling from the USA. Her presentation began by emphasizing the significance of understanding learners' needs in a classroom and delved into the impact of online classes on students during the

COVID era. Dr. Basak also outlined crucial teacher skills, including counseling abilities, mindfulness, and acceptance. A pivotal aspect underscored in the webinar was the imperative of addressing mental health challenges among students and devising strategies to assist them effectively. Additionally, the webinar emphasized the implementation of inclusive education practices and differentiated instruction in classrooms.

### "PICNIC – BEACHES OF ALIBAUG"



### UNDERSTANDING INCLUSION

*"If they can't learn the way we teach, we teach the way they learn." – Dr. O. Ivar Lovaas*

The workshop on the topic of 'Inclusive Education for Children with Autism and Intellectual Disability' was organized by Sopan Suvidya College of Special Education on February 24, 2023. Richard Rose, Professor Emirates of Inclusive Education, University of Northampton, UK, was the speaker of this workshop. The purpose of the workshop was to promote inclusive education and share innovative approaches for

effective practices in inclusive education, with emphasis on improving the quality of education and removing barriers to learning. The workshop focused on examining the nature of inclusive education, the challenges faced by students and teachers, and how to overcome these challenges. It was indeed enriching for all aspiring teachers.



### "INSPIRING SPIRITS"

International Women's Day, observed on March 8, 2023, at the Pillai College of Engineering, New

Panvel, in collaboration with the Pillai College of Education and Research, New Panvel, centered



around the theme of embracing equity. Dr. Daphne Pillai, the Founder and President of Soroptimist International Bombay Chembur, presented the Soroptimist Excellence Award, 2023, to Ms. Swathi Mukherjee, Managing Trustee of the Vatsalya Foundation, acknowledging her outstanding dedication to the welfare of children in need of care and protection.



Ms. Mukherjee has been actively involved with Vatsalya since 1989, persistently striving to facilitate comprehensive growth for children hailing from marginalized communities across urban and rural areas. Her tireless efforts stand as a testament to her role as an inspirational figure and a beacon of guidance for all.

### INDOOR SPORTS



The Indoor Sports Event was held on 16<sup>th</sup> and 17<sup>th</sup> May 2023 with the motto 'Participation matters more than victory.' Games like Chess, Carrom, Table tennis, and Badminton was conducted by the council members in association with the B.P. Ed faculty. Each game had a



teacher in-charge and a student volunteer. On the first day, the event started at 9 a.m. with a prayer followed by the beginning rounds and the quarterfinals. On the second day, semi-finals and finals were conducted along with fun games like Tic-Tac-Toe and Balloon Fight. This was followed by the announcement of winners and a vote of thanks. All the students had a great time. The two-day event was truly a stress buster for all the students and faculty members.



Webinar on Counselling for Adolescent Issues by Ms. Yvette Lee on 3<sup>rd</sup> and 8<sup>th</sup> April 2023



**“AN EXTRAVAGANZA OF MUSIC, DANCE AND JOY”**

**It’s about creating memories!!!**

PCER organized Cultural fest on May 23, 2023, for the batch of 2022-24 with the help of Student Council Members and the Teacher Educators. Various competitions were conducted which helped the student teachers to exhibit their talents in Fine Arts, Literary Arts and Performing Arts.

**FINE ARTS**



**T-Shirt Painting Competition**

**Mehndi Competition**



**Best out of Waste Competition**



### LITERARY ARTS



Extempore



Quiz

### PERFORMING ARTS

#### Solo Singing Competition



#### Solo Dance Competition



#### Fashion Show





## HEALTHY MIND RESIDES IN A HEALTHY BODY!!!

Yoga Sessions were arranged by the Well-Being Club of PCER, Panvel from 21<sup>st</sup> March to 24<sup>th</sup> March 2023 for the student teachers, teacher educators and non-teaching staff. These sessions were conducted by Mrs. Bharti Iyer, an alumna of our college and a member of Om Yoga Pranayam Centre, Panvel.



## BULLETIN BOARD DECORATION ACTIVITY

Bulletin boards serve as potent educational aids within classrooms, offering a platform for sharing information and showcasing students' work. On May 18, 2023, Ms. Reshma Sudhir Nair, an alumna of PCER Panvel and a pre-primary educator, conducted a workshop titled 'Bulletin Board Display.' During the session, she presented diverse types of bulletin boards and emphasized the significance of concept-driven, interactive, and imaginative displays. Following this workshop, a

board decoration activity took place at PCER, Panvel on May 22, 2023. Different clubs and cells, including the Anti-ragging Cell, Well-being Club, Women's Development Cell, Nature Club, and Global Citizen Club, were assigned boards. Engaging in a collaborative brainstorming process, student teachers enthusiastically generated various creative concepts, showcasing ideas pertinent to their respective clubs with remarkable enthusiasm and inventiveness.



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