



VOICE OF TODAY'S YOUTH



It is a matter of pride for our college to announce that B.Ed student teacher-Ms. Khyati Raja represented the college at the 5th Bharatiya Chhatra Sansad held from 10th -12th January, 2015.

Delivering the inaugural speech at MIT, she represented the face of many budding student politicians in front of more than 4000 people. It is the largest Youth Parliament fest held each year in MIT school of Government, Pune. She made the college proud of her achievement.



Congratulations to Dr. Pratima Pradhan—the current Editor of PJERT for successful and timely publication of the 4th Volume of PJERT - Biannual Research Journal with a new look.



CLIMBING THE LADDER OF SUCCESS...

Anita Vadnere, Lopamudra Dutta, Madhurima Adak, Payal Sarawgi, Pooja Patel, Ridhima Thapa, Shweta Pandey and Srilaxmi of B.Ed: 14-15, gave another reason to rejoice and celebrate by



standing 2nd in folk dance in MES' fest

-Uber Rang-2015 on 24/01/15. Reflecting the beauty of Falgun month, their dance won accolades for the college. It does not end here. Lopamudra Dutta, Madhurima Adak, Ridhima Thapa, Shweta Pandey and Srilaxmi secured the 3rd prize at an inter-collegiate competition held at Gokhale Education Society's College of Education & Research, Parel, on 25/02/15. Kudos to them...!

A SMILE THAT SPEAKS A THOUSAND WORDS...

We believe in respecting the community, living for its people and being there for them whenever need arises.



As a tradition of MES' society, our college celebrated Uber Rang fest with NGO kids from Balgram

and Immanuel Mercy Home, Panvel, on 24/01/15. Almost entire day was spent engaging them in various activities, with



a sumptuous meal and snacks. Mingling with them was a treat for all.

- ◆ Manjurani Dhillon won 3rd prize in Hindi essay competition and Rinki Kumari won 2nd prize in Hindi elocution held at Lords Universal college, Malad on 28/01/15.
- ◆ Shraddha Kemble stood 1st in Handwriting competition at Karnala Sports Academy on 26/12/14.
- ◆ Madhu Singh, Lopamudra Dutta and Ringamphi Luithui secured 3rd position in the poster competition organised by Homi Bhabha Centre for Science Education on 'innovative teaching-learning techniques in Science and Mathematics' on 27/02/15. The title of their poster was 'K-Quest.'

HAIL ! WOMEN POWER..



Self Defense training camp:

The Department of Students Welfare, the University of Mumbai



organized a 'Self Defense

Training' program from 27th February, 2015 to 1st March, 2015 at Mangoan for the girl students of colleges of Raigad District. Our faculty Ms. Alpana



Sharma along with 4 student teachers of B.Ed attended the camp at Sane-Guruji's National Memorial in Mangon. This camp

included talks as well as practice sessions



which highlighted the techniques to enhance memory, concentration power, the basics of Judo, Boxing and also some tips to improve mental, physical and emotional health. Indeed, those 3-days were fruitful as they revived new hopes in each of the participant of the camp.

EMPOWERING THE WOMEN

International Womens' Day Rally by M.Ed, B.Ed batch-14:15 marking the freedom and victory of women in various arenas of life.



Women Safety Workshop taken up by M.Ed batch-14-15 during Internship—inspiring women to protest against odds done to them and live with dignity.



FITNESS MANTRA FOR 21st CENTURY WOMEN



Dr. Sheetal Mohite (M.S. Gynaec & Obst) took a session on wom-

en's health issues on 22nd February, 15. She spoke about the importance of good eating habits, exercising regularly for having a fit lifestyle. She also highlighted the importance of women's health for a healthier generation.

It was a very interactive question-answer session with the students

of B.Ed and M.Ed. Lots of myths, doubts and health related queries.



TKT (Teaching Knowledge Test) workshop taken by Ms.Sanyoti Talwar and Mr. Sarfaraz Khall on 15/01/15 aimed at educating teachers about the proficiency in English language in today's time. It was a new experience to understand the modules of TKT from them.

Ms. Japneet Anand and Ms.Minu Joshi took workshop on 'understanding the Self and Mindfulness' on 31/03/15, highlighting the need to awaken the Titan within oneself.



Mr. Vijay Gokhale conducted Cancer Awareness talk on 16/02/15 where he spoke about the disease of cancer, its symptoms and how it can be detected early. Early detection can help in curing cancer.



Valedictory function for B.Ed and M.Ed: 2014-15

Putting a sparkling program on the valedictory, the students waved goodbye to this academic year and parted for a new start in their lives. Our Annual College magazine-Spark was also unleashed on this day.

Our college hosted the **Degree Distribution Ceremony** for M.Ed, B.Ed and B.P.Ed students of 2013-14 batch on 2nd February, 15 in the campus. All the toppers were felicitated and it was a lovely gathering where all the batch mates met and shared their experiences.



Picnic at Shiv Ganga Water Park

B.Ed and M.Ed students and staff had a lovely time playing in the water park and enjoying sumptuous meal in Rasaoni on 18/02/15. This fun-filled day is unforgettable by all of us.



WORLD HOUSE SPARROW DAY on 20/03/15



Educational Visit to Dr. Pillai Global Academy on 6th February, 15 left everyone spell bound. The student teachers were amazed at the school's infrastructure, ambience, state of-art technology in each classroom and the other facilities. The visit aimed at giving the students the exposure to IGCSE and IB curriculum.



Matru bhasha and Marathi divas was celebrated on 21st and 27th Feb respectively to mark the essence of mother-tongue and Marathi language. This program was organized by the class GS-Mr.Sanjay Patil.



NATIONAL LEVEL SEMINAR

The one day National Level Seminar on 'Aesthetics and Health: An integral part of Education' was organized by MES' Pillai College of Education and Research, New Panvel. Shri. A. L. Tripathi, Deputy CEO, Khanda colony campus inaugurated the seminar.



The keynote address was given by Dr. Jyotsna Tiwari, Associate professor, Department of Education, Arts and Aesthetics, NCERT in which she touched upon burning issues in today's era and important aspect of art education.



The first session was taken by Prof. Mustansir Dalvi of J J

school of Architecture. He advised that teacher shouldn't be restricted to his/her subject. He quoted we need to make the student a real 'Rasika' i.e. An aesthete with a 'world view'.



Mrs.Smita Dalvi chaired the paper presentation which was followed by a lunch break

The Post lunch session was taken over by Dr. Linda Dennis, Assistant Director, Department of Physical education, SNDT Women University and Mrs. Anjali Joglekar, Yoga instructor, Department of Education, SNDT Women University.

They explained the functioning of the brain and the concept of mind and the need to develop mental fitness through proper breathing exercises.

Mrs. Anjali Joglekar presented an overview of how yoga is the pathway of better living and its

benefits. She gave demonstrations of various breathing exercises and simple asanas. This was followed by paper presentation



on various aspects of health education such as yoga, aerobics, sports, meditation etc. Dr. Linda Dennis and Mrs. Archana Joglekar chaired the session.



Overall through this seminar, the paper presenters and guest speakers made us realize that art and health education is an essential part of comprehensive education. The sessions were well-knitted with subthemes and were very interactive.

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