

# MES' PCER-PANVEL ALUMNI ASSOCIATION

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*Service is a lifetime program; it knows no rest or respite. This body has been given to you so that you may devote its strength and skills to the service of brother-man. Serve man until you see God in all men; then, what you do will be elevated to worship.*

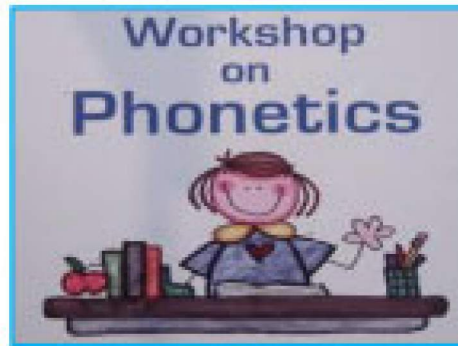


*The best way to find you is to lose yourself in the service of others.*

*-Mahatma Gandhi*

Education being the prime motive of the members, the association ensures to carry out educative workshops and camps for the under privileged children of New Panvel and others in the proximity. This year as well we initiated our activity by conducting a 15 days camp at Balgram, Khanda colony. Balgram- Panchdeep Sankul is an orphanage with 20 school and college going children.

**First Aid Workshop** was conducted in the vacation By Mrs. Bindu Tambe as most of the children get themselves hurt and bruised while playing outdoors. It began with a storytelling session with their favourite cartoon character. The different situations their friend, Bheem, Chutki, Raju encounter when they play at home and outside and how they end up getting small cuts and wounds to electrical shock to fracture. It was explained as to what is to be done in all these situations at home before the doctor is called. There was a power point presentation which gave them information about first-aid. The students participated enthusiastically with their own stories and it was a wonderful and fun session. The session ended with the promise of helping each other spend their summer vacation without any major accidents.



### **Phonetics workshop**

Hands on and action oriented session on phonetics was conducted by Ms. Ruchi Agarwal which targeted on developing speaking and reading skills effectively.

### **Grammar teaching:**



A session on grammar was conducted for the students of Balgram. The topic covered was "Adjective and comparison of adjectives". The students were of class 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup>. The topic was taught in a play way method wherein complete involvement of the students was ensured. The students enjoyed the whole session thoroughly. It was indeed a fruitful and an interesting session.

### **Moral teaching:**

With the view that most of the children lack basic values in life Mr. Rajesh Kumar conducted an interactive session on value based education.



Mrs. Bharti Iyer had taken up the responsibility of teaching the basics of English to her maid who was repeatedly taunted by her husband for not being literate. She was taught to read and write the basics of English and before she discontinued she was not only able to pronounce and write few words but also was able to read and write hers as well as her husband's name flawlessly.



## Summer Camp activities at Balgram

### Virtual Tourism

Ms. Kavita Rajbhar conducted virtual tour of Maharashtra for the children of Balgram as well as Aniket children's home. It included all the factual information about Maharashtra i.e. its Fact file, government, tourist places, judiciary system, education, religion, festivals, transport, culture and places of interest. The virtual tour took them along the four divisions of Maharashtra i.e. Konkan, Vidarbha, Marathwada and Khandesh. The tour was supplemented by a casual probing so as to keep the children engrossed in it.



The children took pleasure in viewing the pictures of the forts, temples, farm, and video of the folk dances, Abhang and other interesting facts about the state. The children of both the organizations enjoyed viewing this presentation of one and a half hour. They expressed their gratitude to Ms. Kavita for giving them real time experience of touring the state. Besides these children also enjoyed watching "Ice Age" movie and had a good chat about Marathi movies and their characters with Ms. Kavita. The session was not only informative but also fun filled and gave a sense of satisfaction to Ms. Kavita and the



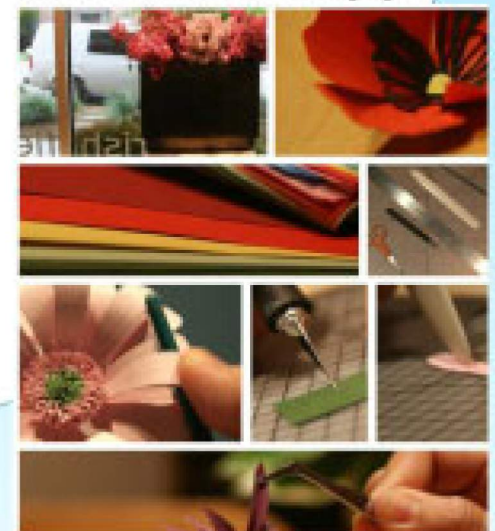
### Narration of Mahabharata- The Epic

Mrs. Bharti Iyer took the initiative of narrating the epic Mahabharata to the inmates of Balgram as a summer camp activity. The activity was stretched out for a week and complemented with shlokas from Bhagvad Geeta.

Tattoo making and canvas painting was also organized by Mr. Ravi, a student of J.J. college of arts, for the children of Balgram. It was a day's session and children immensely enjoyed both the activities.

### Paper Flower making

Ms. Neha Hatankar conducted a session on crafting beautiful and colourful flowers out of paper.



## ~~Service week (1<sup>st</sup> October to 8<sup>th</sup> October) Enjoy the Joy of Giving~~



### **Nursery visit:**

Alumni had organized environmental visit to Kokan Krishi Vikas Pratishthan in Kharghar for the inmates of Balgram - Panchdeep Sankul, Khanda colony. The children went around the nursery and inquired about the exotic flowering plants, herbs, creepers and rare species of trees and plants. They were also made conversant about the care one needs to take for plant growth and nutrition by Mr. Sawant. The children interestingly inquired about the guidelines needed to maintain their own garden. Mr. Sawant gifted them a pink hibiscus plant as a token of remembrance. On a whole the session was enriching.

### **Diwali with a difference:**

The festival of lights was marked with the distribution of festive essentials to "Maaze Ghar"- an old age home at Asudgaon, Aniket children's home in New Panvel

and Balgram at Khanda colony. Hand painted diyas which was a joint effort of the alumni members were distributed at all the three organizations. Besides this sweets and savories were also distributed at "Mazhe Ghar"- an old age home at Asudgaon and the girl inmates of Balgram were gifted some festive essentials. The contribution to the disadvantaged section of the society was indeed satisfactory.

### **Children's day:**

When most of us engage ourselves in celebrating Children's Day arranging entertainment for our kids, Rashmi Pahwa - the secretary of our association thought of sparing time for the underprivileged kids of Khanda colony. Mrs. Rashmi Pahwa says, "It's a great opportunity to spend time with under privileged children. It gives immense pleasure to me".

Yoga and meditation session was taken for the current batch B.Ed students. The session was carried out over a week and it included Pranayaam, Stretching exercises, Stress busters, laughter therapy and meditation. The students actively participated with enthusiasm and inquired for specific exercises related to their ailments.

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