




**Mahatma Education Society's
Pillai College of Education & Research**
Plot-1, Sector-8, Khanda Colony, New Panvel (W)-410206

METRICS No. 6.3.3

**Professional development /administrative training
programmes organized by the institution for teaching and
non-teaching staff during the last five years:**

LIST OF PARTICIPANTS


Dr. (Ms.) Sally Enos
PRINCIPAL
MAHATMA EDUCATION SOCIETY'S
Pillai College of Education & Research
Dr Pillai Teacher Training & Research Centre
Plot No 1, Sector-8, Khanda Colony,
New Panvel-410 206.

LIST OF PARTICIPANTS

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YEAR		Programme for teaching staff		Programme for Non-teaching staff			
		Title	Date/s	Names of the Participants	Title	Date/s	Names of the Participants
2021-22	1	Wellbeing & Happiness	28th March 2022	Dr. Sally Enos Dr Saramma Mathew	Wellbeing & Happiness	28th March 2022	Pramila Shivkar
	2	Yoga		Dr. Bhavna Dave Dr. Geeta S Thakur Mrs. Namrata Saxena Mrs. Bindu Tambe	Yoga	21st March to 24th March 2022	Rekha Murli Akshay Landge Sudarshan Pillai
	3	Counselling for Adolescent Issues	8th April 2022	Dr. Lata			Naresh Parche
	4	Counselling Approaches	9th April 2022	Venkataraman			Geeta Pal
	5	Organ Donation	13th August 2021	Mrs. Pradnya Jadhav Mr. Gyanendrapratap Singh Ms Darshana Jadhav	Organ Donation	13th August 2021	Kusum Shirswal Sunita Dhumal Monisha Ambade
	6	Financial Literacy-BOB		Ms Isha Dhody Dr Jiji Sahaya Dr Rakhi Sawlani	Financial Literacy-BOB		
	7	Research Forum	25th Sept. 2021				
	8	Session By Soroptimist Women Achiever	12th February 2022				
2020-21	1	Assessment tools organised in association with centre of excellence in Science and Mathematics Education	25th & 26th June 2020	Dr. Sally Enos Dr Saramma Mathew Dr. Bhavna Dave Dr. Geeta S Thakur			Pramila Shivkar Rekha Murli Akshay Landge Sudarshan Pillai
	2	Ethical teacher Modification for enhancing professionalism	24th July 2020	Mrs. Namrata Saxena Mrs. Bindu Tambe			Naresh Parche Geeta Pal
	3	Integrating Soft Skills in Online teaching	31st July 2020	Dr. Lata Venkataraman			Kusum Shirswal
	4	Creating and Editing Video	1st August 2020	Mrs. Pradnya Jadhav Mr. Gyanendrapratap Singh			Sunita Dhumal
	5	Intellectual property Rights	13th August 2020				


	6	Teaching for Perspective Change-Embracing Transformational Learning Practices	1st September 2020	Ms Darshana Jadhav			
	7	Developing Critical Thinking Skills in Students: Tools and Techniques for teachers	26th Sept 2020				
	8	World Habitat day: one minute habit formation	15th October 2020				
	9	Qualitative and Quantitative Metrics in Assessment of TEI's	3rd to 5th February 2021				
	10	Training in Yoga	Jun-20		Training in Yoga	Jun-20	
	11	Session By Soroptimist Women Achiever	20th Feb.2021				
2019-20	1	Online teaching and learning using Google classroom	22nd May 2020	Dr. Sally Enos Mrs. Sally George Dr. Pratima Pradhan Dr. Bhavna Dave Mrs. Geeta S Thakur Mrs. Namrata Saxena Mrs. Bindu Tambe Dr. Lata Venkataraman Mrs. Pradnya Jadhav Mr. Gyanendrapratap Singh Ms. Smitha Kurup	Disaster Management	14th Nov.2019	Pramila Shivkar Rekha Murli Akshay Landge Sudarshan Pillai Naresh Parche Geeta Pal Kusum Shirswal Sunita Dhumal
	2	Training programme for extension work, Teachers and student managers	24th June 2019		Session on First Aid	15th Nov.2019	
	3	A Livable Earth for Present Generation by Mrs. Meera Shah	23rd December 2019		Session on Rescue Operations & Fire-fighting	16th Nov.2019	
	4	Mindful Consumption for a Sustainable Gen-Next by DR. Ketna Matkar	23rd December 2019				
	5	Gender-Based Violence by Ms. Yvette Lee	10th December, 2019				
	6	Disaster Management	14th Nov.2019				
	7	Session on First Aid	15th Nov.2019				

	8	Session on Rescue Operations & Fire-fighting	16th Nov.2019				
	9	Session on Plastic & the Environment	13th November, 2019				
	10	Literature Review by Dr. Priam Pillai	1st February 2020				
	11	Concept based teachers training in Physics in association with Homi Baba centre for science education	Jul-19				
	12	Training in Nai-Talim lesson plans	Jun-19				
	13	Training Workshop for internal complaints committee and womens development cell	27th September 2019				
	14	Gender Sensitization	6th March, 2020				
	15	Training for Well-being- Yoga	15th February, 2020		Training for Well-being- Yoga	15th February, 2020	
	16	Research Forum	21st Sept.2019				
	17	Session By Soroptimist Women Achiever	8th Feb. 2020)				
	18	Session on Plastic & the Environment	13th November, 2019		Session on Plastic & the Environment	13th November, 2019	
2018-19	1	Mentoring Educators in education technology	17th May to 27th June 2018	Dr. Sally Enos Mrs. Sally George	Training in Yoga	Jun-19	Pramila Shivkar
	2	Symposium on education in universal human values	27th April 2019	Dr. James T A Dr. Pratima Pradhan Dr. Geeta R Thakur	Upcycling of Plastic Bottles	10th May, 2019	Rekha Murli Akshay Landge Sudarshan

	3	Enhancement of teaching learning methodology	Jan-19	Dr. Bhavna Dave Mrs. Geeta S Thakur Mrs. Namrata Saxena Mrs. Bindu Tambe	"Brain Games" by Mrs. Bharti Iyer	4th Dec. 2018	Pillai Naresh Parche Geeta Pal Kusum Shirswal Sunita Dhumal
	4	AQAR writing and submission in the light of new NAAC guidelines	30th March 2019	Dr. Lata Venkataraman Mrs. Pradnya Jadhav			
	5	Two days Workshop on Universal human values	25th and 26th April 2019	Mr. Gyanendrapratap Singh Ms. Smitha Kurup			
	6	Training on Models of teaching					
	7	Integration of technology in education	9th and 11th March 2019				
	8	Workshop on emotional intelligence					
	9	Training in Yoga	Jun-19				
	10	Upcycling of Plastic Bottles	10th May, 2019				
	11	Symposium on "Education in Universal Human Values"	27th April, 2019				
	12	Clean Planet by Dr. Raymond Duraiswamy	1st December, 2018				
	13	Swachh Bharat by Mr. Sanjay Shrivastaava	1st December, 2018				
	14	"Brain Games" by Mrs. Bharti Iyer	4th Dec. 2018				
	15	Safety and Designing Your Well-being	3rd Dec. 2018				
	16	Research Forum	27th Sept.2018				
	17	Session By Soroptimist Women Achiever	2nd Feb. 2019				
	18	Financial Planning for a better future	25th Aug. 2018				

2017-18	1	Effective Teaching	2nd May 2017	Dr. Sally Enos Mrs. Sally George			Pramila Shivkar Rekha Murli Akshay Landge Sudarshan Pillai Naresh Parche Geeta Pal Kusum Shirswal Sunita Dhumal
	2	Workshop on How to manage money and be smart investor	5th March 2018	Dr. James T A Dr. Pratima Pradhan Dr. Geeta R Thakur Dr. Bhavna Dave Mrs. Geeta S Thakur Mrs. Namrata Saxena	Workshop on How to manage money and be smart investor	5th March 2018	
	3	Innovative teaching learning practices in the classroom	28th February 2018	Mrs. Bindu Tambe Dr. Lata			
	4	Training programme on digital tools and presentations skills	6th June 2017	Venkataraman Mrs. Pradnya Jadhav Mr. Gyanendrapratap Singh Ms. Smitha Kurup	Training programme on digital tools and presentations skills	6th June 2017	
	5	Training session on Google classroom and Moodle	13th and 14th October 2017				
	6	Relaxation and heartfulness meditation	July -August 2017		Relaxation and heartfulness meditation	July - August 2017	
	7	UGC norms for API and CAS	18th November 2017				
	8	Training in Yoga	Jun-18		Training in Yoga	Jun-19	
	9	Utilizing Knowledge Resources in Education through library Services by Dr. Satish Munolli	13th April, 2018				
	10	Redefining Library System & Services by Dr. Satish Kanamadi	13th April, 2018				
	11	Session on Paper bag making	2nd Jan 2018				
	12	Environment Sustainability and Tourism by Dr. Anjuna Dhir	9th Dec. 2017				
	13	Ecotourism & Personal Growth by Dr. Leon Periera	9th Dec. 2017				
	14	Gender Sensitization	12th Dec. 2017				

	15	Awareness of Bharat Initiative for Money- BHIM App	8th July, 2017		Awareness of Bharat Initiative for Money- BHIM App	8th July, 2017	
	16	"Say No to Tobacco" by Mr. Jaykar Ellis	29th June 2017		"Say No to Tobacco" by Mr. Jaykar Ellis	29th June 2017	
	17	Research Forum	21st Sept. 2017				
	18	Session By Soroptimist Women Achiever	27th Jan. 2018				


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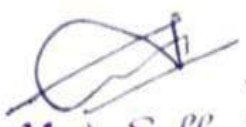


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**Professional development /administrative
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Reports along with Photographs


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Academic Year - 2021-22

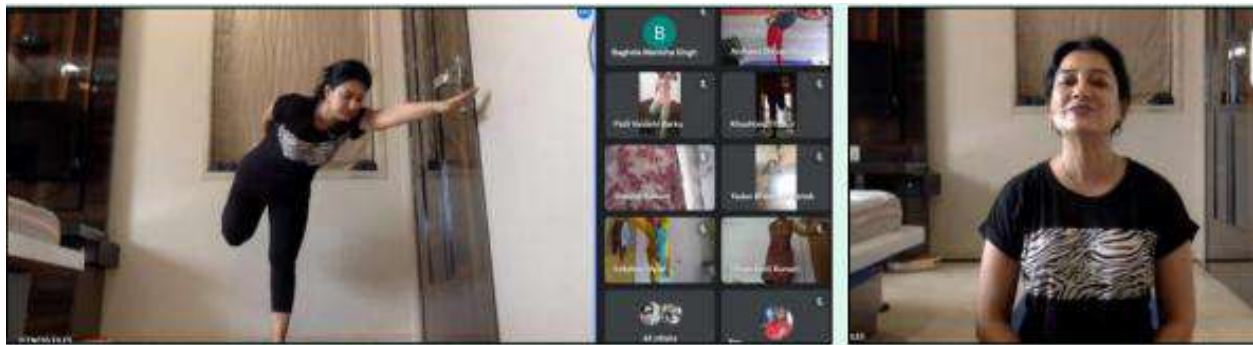
1. Wellbeing & Happiness: 28th March 2022

Pillai College of Education & Research, New Panvel organized a session on Wellbeing & Happiness. Mr. Sanket Pawar, a dance graduate explained the participants how activities like dance & zumba help to maintain physical & mental well being & positive impact it creates on the human mind. Later he involved all faculty members in a Zumba session .



2. Yoga: 21st March to 24th March 2022

Yoga session was organized for the Teaching and non-teaching staff and student teachers from 21st to 24th March to raise awareness on the many benefits of practicing yoga. Yoga is important to keep our mind, body, and spirit in good shape. The resource person was Ms. Bharati Iyer who engaged us in different breathing exercises and postures. Students, teacher-educators, and the non-teaching staff found the session extremely useful and refreshing.



3. Counselling for Adolescent Issues: 8th April 2022

Session on Counselling for Adolescent issues was organized by the college to create an awareness about different issues faced by adolescent children. The resource person for the session was Yvette Lee, a counsellor by profession. The session dealt with issues such as substance abuse, technology induced social networking addiction and academic stress. The session was attended by the students and the teacher educators.



4. Counselling Approaches: 9th April 2022

A session on different counselling approaches was conducted by the college and the resource person invited was Yvette Lee, who is a counselor by profession and has been working in the field of mental health for 14 years. The session gave a lot of information on Cognitive-Behavioural and person centered counselling approaches. The session was useful and was informative for the students and teacher educators.

5. Organ Donation: 13th August 2021

Organ Donation Day on 13th August 2021 by organizing a talk on organ donation awareness. The theme of the talk was “From Dust to Life” and the guest speaker was Ms. Jaya Jairam, Project Head Mohan Foundation, Mumbai. Following the talk, an intercollegiate poster making competition was also organized. The session was attended by the students, teaching and non-teaching staff of the college.



6. Research Forum (25th September 2021) – Pillai College of Education and Research, New

Panvel organized a research forum for faculty development on September 25th, 2021 to promote a culture of research and academic growth among its teaching staff. The forum provided faculty members with insights into the latest research trends, methodologies, and opportunities for collaboration. This event was an excellent



opportunity for educators to exchange ideas and enhance their teaching and research skills. Various papers presented increased the understanding of the faculty members on various aspects.

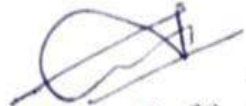
7. Session by Soroptimist Women Achievers (12th February 2022) –



The session conducted by Soroptimist Women Achievers at Pillai College of Education and Research, New Panvel highlighted the importance of empowering women in the education sector. Speaker shared inspiring stories of their professional journeys and provided valuable insights on leadership and career advancement for women in academia. The session also focused on building confidence and resilience among female educators. Participants engaged in interactive discussions on overcoming gender-based challenges in the workplace. The event concluded with a Q&A session, offering advice on balancing career aspirations with personal growth. The session was well-received and motivated attendees to pursue their goals with determination and passion.

⑥ Financial Literacy by Bank of Baroda

The manager of Bank of Baroda was invited to take a session on Financial Literacy for the teachers & Non-Teaching staff members. He explained the various schemes available to salaried people, different investment modes & their benefits.



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Academic Year - 2020-21

1. **Qualitative and Quantitative Metrics in Assessment of TEI's: 3rd to 5th February 2021**

The webinar was organized by the Internal Quality Assessment Cell of MES'S Pillai College of Education & Research. It was a three-day NAAC sponsored webinar on 'Qualitative and Quantitative metrics in Assessment of TEIs as per NAAC guidelines 2019. It was organized from 3rd to 5th February 2021. It involved excellent sessions and certainly was helpful for all students, teaching and non-teaching staff.

The first technical session of the webinar was initiated by Dr. Devender Kawday Dep. Adviser, NAAC on the topic "NAAC's Assessment & Accreditation Process- An Overview" The second technical session of the webinar was given by Dr. Priam Pillai, COO, Mahatma Education Society on the topic "Quantitative Metrics w.r.t. NAAC Criteria for TEI" for students, teaching and non-teaching staff. Seven sessions were conducted for three days. Dr. Bhavna Dave, MES' PCER, New Panvel proposed the vote of thanks.




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2. World Habitat Day: One minute Habit Formation:15th October 2020

The webinar was organized by MES Pillai College of Education and Research, NewPanvel and Pillai HOC College of Education and Research, Rasayani in collaboration with Soroptimist Welfare Association (SIBC). The guest speaker for the session was



Mrs. Sonia D'souza Bhavsar. The session was based on the fact that if we dedicate one minute from each day of our life to one sustainable habit, we make the world a better place. The session reminded us of the power we have and the responsibility we must shape our future on this fragile yet amazingly beautiful planet. The session was enriching, and students, teachers and non-teaching staff gained new perspectives on sustainable living.

3. Developing Critical Thinking Skills in Students: Tools and Techniques for teachers:26th September 2020

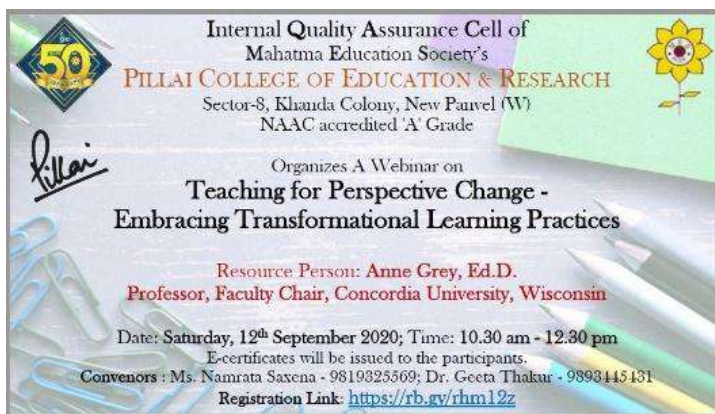
The webinar was organized by the Internal Quality Assessment Cell of MES' Pillai College of Education & Research. The resource person for this webinar was Mr. Chetan Date, Ph.D. an Aerospace Quality Executive from Tempe, Arizona. The webinar focused on developing



critical thinking in students and teacher educators. It consists of Socratic questioning which allows to think deeply. The webinar was a great opportunity to engage with Dr Chetan Date who provided us with deep insights into this topic.

4. **Teaching for perspective change – Embracing Transformational Learning Practices:1st September 2020**

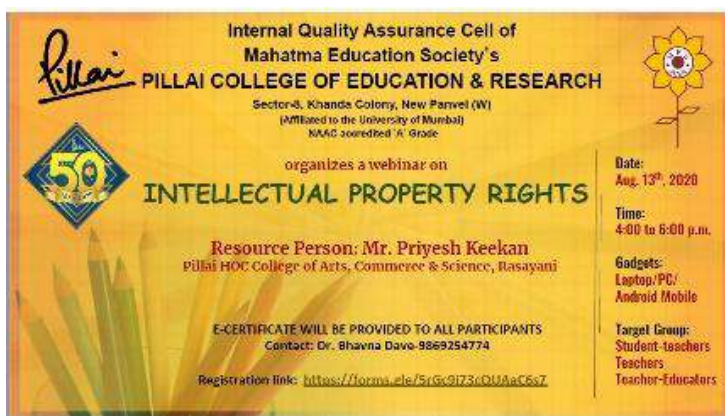
The webinar was organized by the Internal Quality Assessment Cell of MES' Pillai College of Education & Research. The resource person for this webinar was Dr Anne Grey, Ed.D. Professor, Faculty Chair, Concordia University, Wisconsin. Dr Anne Grey was a distinguished guest who has



worked at different levels from kindergarten to undergraduate students. The resource person explained the importance of reducing racism in the school settings and promote a culture of equity, diversity and inclusion. The webinar focused on Transformational Learning. Mezirow, who proposed the transformative learning describes transformative learning as —learning that transforms problematic frames of reference to make them more inclusive, discriminating, reflective, open, and emotionally able to change.

5. **Intellectual Property Rights:13th August 2020**

The webinar was organized by the Internal Quality Assessment Cell of MES' Pillai College of Education and Research. Mr. Priyesh Keenan was the resource person for this webinar. IP is the result of creativity such as patents, copyrights etc. IP is essential and it is foremost important that we



indulge in fair use of pictures, material, and resources as teachers. The need to raise awareness about IP and the need to engage in fairer use of online material was emphasized in the webinar. The webinar was engaging and informative to all students, teaching and non-teaching staff.

6. **Creating and Editing Videos:1st August 2020**

A webinar was organized by the Internal Quality Assessment Cell of MES' Pillai College of Education and Research. Ms. Neetu Pillai was the resource person who is also an associate professor at the Pillai College of Engineering and is also a trained Kuchipudi dancer. The basics of OBS software, which helps in making free videos for students, teaching and non-teaching staff for various purposes, were explained. The session was made interactive to reach out to different types of needs of students and teacher educators.



7. **Integrating Soft skills in online teaching:31st July 2020**

The webinar was organized by the Internal Quality Assessment Cell of MES' Pillai College of Education & Research. Dr Vandana Mahajani was a resource person who has been consistently uplifting herself and believes in life-long learning. She shared her own perspectives regarding teaching and importance of Self grooming in any profession. A smile, confidence and good body language all are integral parts of the profession. The importance of exercise and yoga was also explained in detail to be physically fit. A strong mental health is also important to relax in different ways to avoid burnout.

8. **Ethical teacher Modification for enhancing professionalism:24th July 2020**

The webinar was conducted by the Internal Quality Assessment Cell of MES' Pillai College of Education and Research. The resource person was Dr Anuradha Jaiswal who is a successful teacher educator and extremely qualified professional and with a wide number of teaching experiences in different schools was the resource person. The importance of professionalism was explained in detail for students and teacher educators of the institution. It was shared by the resource person that teaching is not only about content knowledge and assessments. It is far


beyond that. The importance of communication and strong interpersonal skill was also dealt with in detail.

9. **Assessment tools organized in association with center of excellence in Science and Mathematics Education:25th and 26th June 2020**

MES' Pillai College of Education & Research organized an online teaching-learning & formative assessment techniques workshop. The workshop consisted of the use of Google forms and quizzes to carry out assessments. The workshop was well planned and executed well. This helped students and teaching staff to understand Google forms and allowed them to use it effectively in different areas of education. Quizzes were another good tool that was covered which is effective for Science& Mathematics learning.

10. **Training in Yoga: 21st June 2020**

MES' Pillai College of Education & Research celebrated National Yoga Day on 21st June 2020 to raise awareness on the many benefits of practicing yoga. It was during this time we realized how important Yoga is to keep our mind, body, and spirit in good shape. The resource person was Ms. Bharati Iyer who engaged us in different breathing exercises and postures. Students found the session extremely useful and refreshing. The laughter therapy session served as an icing on the cake.


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11. Session by Soroptimist Women Achievers (20th February 2021) - The Soroptimist Women Achievers hosted an online session for Pillai College of Education and Research, New Panvel that focused on empowering women in the education sector. Esteemed speakers shared their career experiences virtually and provided insights on leadership and professional growth for women in teaching. The session also aimed to boost confidence and resilience among female educators. Participants engaged in online discussions about overcoming gender-related challenges in the workplace. The event concluded with a virtual Q&A session, offering advice on balancing career goals with personal life. The session was well-received and inspired attendees to pursue their goals with confidence and passion.



Academic Year 2019-20

1. Online teaching and learning using Google classroom and Google Meet: 22nd May,2020

All the teaching staff of Pillai College of Education & Research, New Panvel, participated in the ‘Online teaching and Learning Using “Google Classroom and Google meet” on 22ndMay 2020. It was Organized by Pillai College of Engineering, Panvel to all the teaching staff.

2. Gender Sensitization:6thMarch 2020

We had a talk on “GENDER SENSITIZATION” by Mrs. Dolly James. With 30 years of experience in social work and work experience with NGOs at grass root level, it was an honor to have her at our college. The talk included gender equality, problems faced by LGBTQ and transgenders; discrimination, abuse, mental



health, government policies and the bills guaranteeing rights to the group. All humans are equal and as a teacher it is important to have a positive attitude towards everyone in society if we aim to bring about a change in society.

3. Dance and Yoga: 15thFebruary 2020

On 15thFebruary 2020 a session on “Dance and Yoga” was conducted by our alumna Ms. Bharti Iyer. It was an enriching session which consisted of different asanas, laughter therapy and some catchy dance moves. She highlighted the physical and mental health benefits of merging dance steps and Yoga together.



4. Session on Review of Literature for Research: 1stFebruary 2020

On 1stFebruary 2020, A session on “Literature Review Tips” was organized by the Research Cell for all the research scholars pursuing their Ph. D, M.Ed. degrees and for all the faculty members. The COO of Mahatma Education Society, DR. Priam Pillai, an expert

6. in the field of research, was invited as the resource person. DR. Priam Pillai gave meaningful insights as to why we do a literature review, what literature should be reviewed, where do we need literature review, how to find good papers in



our field and how to organize a literature review. He also showed software that helps to download seminal papers in our field of research and maintain a database. He urged the researchers to analyze the papers that they download and not simply summarize them. He said analyzing research papers would help in finding the major accomplishments of that particular research, identify the unanswered questions & limitations of the study and also to find missing information if any. He also stressed the point that as a researcher, one must think critically and find out whether you agree or disagree with the findings, whether the methodology used was appropriate, discuss its strengths and weaknesses and not be afraid of finding flaws if any. The session gave clear guidelines to all the research scholars and teachers with respect to review of literature in their field of study.

5. **A Livable Earth for Present Generation by Mrs. Meera Shah: 23rd December 2019**

Mrs. Meera Shah also known as the City's Zero Waste Woman gave us some hard-hitting facts on the present situation of waste generated in Mumbai and the amount of money invested in getting the waste sorted. She struck a chord with the audience by her simple and minimalistic approach towards life. She expressed



her reasons to start with a low waste lifestyle and strictly follows the 5 R's of sustainability: Reduce, Reuse, Refuse, Recycle and Rot. In her session she also gave information on the organization which works effortlessly for improving living environmental conditions. Her approach towards the environment is mindful, she has influenced people around her, bringing about a change in their attitude and approach towards life.

6. **Mindful Consumption for a Sustainable Gen-Next by DR. Ketna Matkar: 23rd December 2019**

On 23rd December 2019, DR. Ketna Matkar, took a session on “Mindful Consumption for a Sustainable Gen-Next. The speaker is an educationist and a hardcore environmentalist – working tirelessly and extensively in projects towards building a sustainable living world. She emphasized that being mindful is the only way out of our crisis. She effectively brought to our notice the two patterns of consumption – mindful and mindless and took us through facts and figures related to our consumption pattern. She led us all to a broader perspective of sustainability and elaborated on the 3 pillars of sustainability: Planet, People and Profitability. She emphasized that making reasonable choices forms the backbone of sustainable practices. She elaborated on the United Nations: Sustainable Development Goals and took us through all its parts. Her talk was supported by many inspiring videos. She concluded with the quotes by Mahatma Gandhi and John Sawhill.



7. **Gender-Based Violence by Ms. Yvette Lee: 10th December 2019**

A session on “Gender-Based Violence” was organized by our college for students and teachers on 10th December 2019. As part of our continuing efforts to maintain the physical and mental well-being of our students, they were encouraged to have regular interactions with our counsellor, Ms. Yvette Lee. She conducts group sessions as well as individual sessions where students meet with Ms. Lee to share any issues they may have as far as their personal life is concerned. The session was conducted to create awareness about gender-based violence in society.

8. Session on Rescue Operations & Fire-fighting: 16th Nov. 2019

A Session on “Rescue Operations & Fire-fighting” was organized by The Women Development Cell along with the Well Being Club of PCER-Panvel, on 16th November, 2019. It was an honour to have Commander Smt. Rajeshwari Kori, Deputy Controller and Civil Defense and Asst. Deputy Controller K.R. Kurkute at our college to show various techniques for Rescue operations. He introduced different types of tying knots on rope to help in different situations. Participants learnt Rescue operations with the help of rope.



9. Session on First Aid: 15th Nov. 2019

A session on First Aid was organised for students, teaching and non-teaching staff. The resource person demonstrated different ways of handling people with fracture, bleeding and snake bite. Simple techniques like using sling, cuff and collar bandage, head bandage, etc. were new to us and interesting.



10. Disaster Management: 14th Nov. 2019

A Disaster Management Workshop was conducted by Commander Smt. Rajeshwari Kori, Deputy Controller and Civil Defense and Asst. Deputy Controller K.R Kurkute at our college to show various techniques for DISASTER for students, teaching and non-teaching staff. Smt. Rajeshwari Kori an inspiration to other woman worked with the Indian Navy and was the first Indian woman

to have sailed on-board a warship in uniform. The students were enthused by the efforts she put in to bring about gender equality in the Indian Navy. Mr. K.R Kurkute a highly knowledgeable person shared with us various techniques in disaster management.

11. Session on Awareness of plastic waste: 13th November 2019

On 13th Nov 2019, a session on Plastic Waste Management was conducted by Ms. Kalpana Andhare. The aim of this seminar was to bring to our attention the implications of the use of plastic on our surrounding and to remind us how we human beings are linked to our environment.



12. Training Workshop for internal complaints committee and womens' development cell: 27th September 2019

All the teaching staff participated a one-day zonal training workshop for Internal Complaints Committee and Women's Development Cell jointly organized with University of Mumbai Women's Development Cell

13. Concept based teachers training in Physics in association with Homi Baba centre for science education: Jul-19

Mrs. Namrata Saxena participated in two days Training Session on "Concept based teachers training in Physics" in July 2019, organized by Pillai College of Engineering in association with Homi Bhabha Centre for Science Education, (TIFR, Mumbai).

14. Training in Nai-Talim lesson plans: 28th Jun-19

All the teaching staff of Pillai College of Education & Research, New Panvel participated in a one day Orientation workshop on Nai Talim Lesson Plans held in June 2019, organized by University of Mumbai, Thane Sub Campus, Thane.


15. Training programme for extension work, Teachers and student managers: 24th June 2019

Two of our teaching staff participated in the First Term Training Programme for Extension Work Teachers & Student Managers as College In-Charge of Extension work at Janardan Bhagat ShikshanPrasarakSanstha'sRamsheth Thakur College of Commerce & Science, Kharghar, Navi Mumbai on 24th June 2019.

16. Training in Yoga: 21st June 2019

PCER celebrated International Day of Yoga on 21st June, 2019 with an hour-long session by Ms. Rajalakshmi Rao, a seasoned yoga practitioner and instructor.




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17. Research Forum (21st September 2019) – Pillai College of Education and Research, New Panvel organized a research forum for faculty development on September 21st, 2019 to promote a culture of research and academic growth among its teaching staff. Different papers on various topic provided and increased the insight of the faculty members. Question and Answer session added value to the entire session.



18. Session by Soroptimist Women Achievers (8th February 2020) - The session conducted by Soroptimist Women Achievers at Pillai College of Education and Research, New Panvel highlighted the importance of empowering women in the education sector. The session also focused on boosting confidence and resilience in female educators. Attendees participated in discussions on overcoming gender-related challenges at work. The event ended with a Q&A session that provided advice on balancing career goals and personal life. The session was well-received and inspired attendees to pursue their goals with confidence and passion.

Academic Year 2018-19

1. **Crushing of Plastic Bottles: 10th May 2019**

As an environmentally institution, we are always looking to make the environment more sustainable. V. Pillai Campus, Sector 15, New Panvel has two plastic bottle recycling units sponsored by Reliance Industries. Our students, teachers & non-teaching staff started collecting plastic bottles for this purpose. We asked neighbours, friends, people in our neighborhood and collected lot of these bottles. A session on how these bottles can be crushed and sent for upcycling was explained to all. These bottles are reduced to fine pieces, and they are then recycled to make stoles, bags, etc. We hope to continue this initiative for years to come.



2. **Symposium on Education in Universal Human**

Values: 27th April 2019

A symposium on Education in Universal Human Values for teachers was conducted by Pillai College of Education and Research, Panvel in collaboration with Baha'i Academy, Pachgani. The objective of this symposium was to equip teachers with some basic ideas about Universal Human Values and means to inculcate them among their students. This Symposium was conducted after a successful 2-day introductory workshop on Universal Human Values organized for students, teachers and non-teaching staff.



The inaugural session by Dr. Pratima Pradhan began with a general welcome for all the participants. As is the tradition the symposium began with invoking the Lord's blessing with a prayer and lighting of the lamp which guides everyone in the right direction for the day's



activities. This symposium is the result of collaboration between Baha'i Academy, Panchgani and Pillai College of Education and Research, Panvel and Dr. Pradhan introduced both the institutions for the participants. The expert for the day, Lesan Azadi Sir was introduced to the audience by Geeta S Thakur and through this everyone got a glimpse of the varied work that Sir is involved with, especially with respect to Human values. He has conducted many workshops and symposiums for students, teachers and academic leaders since 2000. He was welcomed by Dr. Sally Enos, Principal, Pillai College of Education and Research, Panvel with a potted plant.

3. **AQAR Writing & Submission in the light of new NAAC guidelines on 30th March 2019**


NAAC sponsored National-level workshop on “AQAR Writing & Submission in the light of new NAAC Guidelines” organized by the Internal Quality Assurance Cell (IQAC) of Pillai College of Arts, Commerce and Science, New Panvel on 30th March, 2019. The workshop was attended by all the teaching staff.

4. **Workshop on Integrating Technology in Education On 9th & 11th March 2019**

The Global Citizenship club with faculty member Mrs. Namrata Saxena, as resource person conducted a workshop on Integrated Technology in Education. The workshop was attended by students and teaching staff. The workshop introduced various applications which can be integrated while teaching the pupils. The importance of technology in the teaching learning process was very well explained. The students had hands-on-experience on their laptops which made the session truly enriching!

5. **Workshop on Emotional Intelligence: 21st February 2019**

Workshop on Emotional Intelligence was conducted by Pillai College of Education and Research for students and teaching staff on 21st February 2019. Emotional Intelligence will help to practice active listening and interpersonal skills to create harmony in stressful situations and bring people together who otherwise may be separated by their differences. This Emotional Intelligence workshop helps to see things from multiple points of view, how ones actions impact others, and what you can do to affect collaboration.


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6. **Report on “Brain Games” by Mrs. Bharti Iyer on 4th December,2018**

On 4th December 2018, we conducted a session on “Brain Games” by Ms. Bharti Iyer for students, teaching and non-teaching staff. She is a yoga exponent and conducts these games for children as well as adults. Ms. Iyer explained how these brain games help us remain smart and alert. It is important to practice these games as they help us keep diseases like Alzheimer at a distance. She conducted exercises for the right and left



hemispheres of the brain. Students were also given some games to play to check how fast their brain works. The session concluded with playing the music to remove negative energy. After the session, the students, teaching and non-teaching staff felt energetic and had a calm feeling. It was a wonderful session.

7. **Report on Safety and Designing Your Well-being on 3rd December,2018**

On 3rd December 2018, a session titled - Independence: 'The Art of Survival' was organized for students & teaching staff. The resource persons were Dr. Sudhakar Upadhyay and Ms. Apoorva Wadikar from “AnSs” which is an institution that conducts programs for all sections to motivate and inspire the participants to work on their physical, mental



and spiritual growth constantly to achieve true Independence. The session emphasized the fact that Self-defense is a mode of life pattern that every living being has to execute constantly throughout his / her existence. Various strategies that can be used in case of emergencies were explained in order to protect oneself in any noxious event like hitting on the temple, banging with a phone, hitting on knees or groin and others.

8. **Session on Clean Planet by Dr. Raymond Duraiswamy: 1st December 2018**


A session on Clean Planet was conducted for students & teaching staff. Dr. Raymond Duraiswamy, a multifaceted personality from the Geology Dept. of Pune University was the speaker. Sir began by brain storming the participants on pictures with the question 'How old is the Earth?' Dr. Raymond explained about the world climate zones, the geological time scale, solar variability and sunspot cycles, mass extinction and oceanic anoxia events. Sir also threw light on the process of Carbon capture, urea fertilization & iron fertilization. Dr. Duraiswamy concluded after sharing his vast expertise on the theme. This seminar being students' special...the next session comprised of paper presentations by school students in which the presenters spoke beautifully on varied topics from solar energy, wind energy, case study on Govardhan Eco-village to a survey conducted by the students themselves. They all gave take-away tips making the session more enriching.

9. **Session on Swachh Bharat by Mrs. Sanjay Shrivastava on 1st December 2018**



A session on “Swachh Bharat” was conducted for students & teaching. Faculty member, Mrs. Bindu Tambe connected the audience to the Expert Mr. Sanjay Shrivastava, MD, Muenzer. Bharat Private Ltd. Muenzer is on a National Used Cooking Oil Mission for India. Their objective is Swachh Bharat –Swasth Bharat. Mr. Sanjay focused on how

Muenzer helps in raising the quality of the oil used resulting in the oil used resulting in significant positive impact on health level. Cooking Oil, thus strengthening the National economy. He highlighted the quote by Gandhiji which says, “It is health that is real wealth and not pieces of gold and silver” and also “Be the change you want to see in this world”. Mr. Sanjay Shrivastava left the audience asking for more with


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his interesting and eye-opening talk on theme. Vote of thanks given by Mrs. Bindu Tambe.

10. **Financial Planning for a Better Future on 25th August,2018**

The Global Citizenship Club of PCER-Panvel organized a session on “Financial Planning for a Better and Secure Future” for students, teaching and non-teaching staff. The resource person Mr. Mathews shared the basic principles of Wealth Creation, and the three phases of investment planning. He elaborated on the easy steps to build an investment plan by asking the participants to think about questions such as- what's my current networth? What are my goals?



How much money do I need and when? How much risk can I take? Where should I invest? He explained the different types of investments, the liquidity and risk levels associated with them. In conclusion, he urged the audience to be disciplined, save more and be regular, be patient, and to invest with an objective in mind.

11. **Mentoring Educators in Educational Technology from 17th May to 27th June 2018**


Session on AICTE approved Faculty Development Programme (FDP 301x) on “Mentoring Educators in Educational Technology conducted by Indian Institute of Technology Bombay under the aegis of Pandit Madan Mohan Malaviya National Mission for Teachers, Teacher Educators, MHRD, Govt. of India from 17th May to 27th June 2018.

12. **Report on Training in Yoga on 21st June, 2018**

To celebrate the 4th International Day of Yoga on 21st June, 2018. A yoga training session was conducted for students, teaching



and non-teaching staff by Ms. Bharti Iyer. On 4th December 2018, a session on “Brain Games” was conducted by Ms. Bharti Iyer. She is a yoga exponent and conducts these games for children as well as adults. Ms. Iyer explained how these brain games help us remain smart and alert. It is important to practice these games as they help us keep diseases like Alzheimer at a distance. She conducted exercises for the right and left hemispheres of the brain. Students were also given some games to play to check how fast their brain works. The session concluded with playing the music to remove negative energy. After the session, the students, teaching and non-teaching staff felt energetic and had a calm feeling.


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13. Enhancement of teaching learning methodology (January 2019) - Pillai College of Education and Research, New Panvel organized a short term course to improve teaching and learning methodologies for teaching faculty. DR. Sugra Chunawala, dean and professor, Homi Bhabha Centre for Science Education, Mumbai highlighted the theme of the short term course. She explained to the participants concepts like disruptive technology, cognitive conflict and diagnostic testing. She also shared how PISA- program for international student assessment conducts tests. She told the participants that teachers must use a wide variety of methods for teaching and assessing the students.



14. Two days Workshop on Universal Human Values (25th and 26th April 2019) - A two day introductory workshop on “Education in Universal Human Values” was organized on 25th and 26th April 2019. The mentors Mr. Parag Tandel & Mrs. Preeti Tandel from Baha'I Academy put light on the importance of universal human values and the ways to build moral capabilities to contribute to



social progress. The workshop included group discussion, co-operative introduction, silent signal, team learning, moral capabilities and various games. The objective of the workshop was to enable teachers to know themselves better and discuss the purpose of their education and their life, visualize themselves to become change makers: personally and socially, develop closer ties of friendship with their fellow teachers, consult about Universal Human Values and healthy attitudes, experience some leadership skills through activities and educational games and to boost their self-confidence.

15. Training on Models of teaching (March 2019) – Pillai College of Education and Research, New Panvel organised a workshop to train teachers on Models of Teaching. The workshop included Information Transfer model, Inquiry Training Model (ITM), Concept Attainment Model (CAM) and Creative lesson plan. The



Resource person dedicatedly and beautifully groomed the teaching faculty in every aspect and were asked to teach using these models in demonstration session. The workshop included a

detailed explanation of each model spread across three days session followed by demonstration and hands on experience to teacher.

17. Research Forum (27th September 2018) – Pillai College of Education and Research, New Panvel organized a research forum for faculty development on September 27th, 2018 to promote a culture of research and academic growth among its teaching staff. Different papers on various topic provided and increased the insight of the faculty members. Question and Answer session added value to the entire session.



18. Session by Soroptimist Women Achievers (2nd February 2019) - The session conducted by Soroptimist Women Achievers at Pillai College of Education and Research, New Panvel highlighted the importance of empowering women in the education sector. Inaugurating the day, Chief Guest Ms. Maitreyi Nigwekar, Founder of Adveka Foundation, an organisation that focussed on caring for the caregivers of chronic illnesses spoke and stressed the importance of mental health to create a more fulfilled and happy universe.




Academic Year 2017-18

**1. Utilizing Knowledge Resources in Education through library service by Dr. Satish Munolli:
13th April,2018**

Session on Utilizing Knowledge Resources in Education through library services was organized by Pillai College of Education & Research, New Panvel, on 13th April 2018. Our expert was Dr. Satish Munnolli and was introduced by Ms. Bhagyashree Mhatre. He began the session with Scholarly



Communication. He spoke in detail about the Open Access License types and what the different signs and symbols mean and about the various online courses available. He described in detail the various aspect of MOOC to our participants. He also spoke about various platforms developed by the ministry of Human Resource Development, Govt. of India for free online courses like e-Patshala, Swayam, eShiksha, and helped us to navigate through one of the platforms for better understanding. Participants got a clear view of the various platforms like Shodhganga, National Digital Library of India, National Science Digital Library, eShodhsindhu and the free resources available like Coursera, edX, Science in Schools, DOAJ, Khan Academy, and Scholarly Kitchen. He gave us information about various sources for publishing models both traditional as well as the current ones. After a brief question and answer session, Mrs. Namrata Saxena proposed formal vote of thanks and sir was presented with a painted jute bag as a token of appreciation.


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2. Redefining Library system & Services by Dr. Satish Kanamadi: 13th April 2018

Session on “Redefining Library system & Services” was organized by MES” Pillai College of Education & Research, New Panvel on 13th April, 2018. The session was chaired by Dr. Sanjay Munavalli, Librarian, Pillai College of Arts, Science & Commerce, Panvel. The papers that were presented covered a wide range of topics related to new age library services, peer review; Open Access Resources, information literacy etc. were covered.



3. Workshop on How to manage money and be smart investor: 5th March 2018

Workshop on “How to manage money and be smart investor” was organized by NSE and CGSI at PCER, Panvel on 5th March 2018 to all the teaching and Non-teaching staff and students. The expert highlighted the different ways to be a smart investor and explained how to manage money in a smarter way. This session was very informative for all the participants.


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4. Innovative teaching learning practices in the classroom: 28th February 2018

Session on “Innovative teaching learning practices in the classroom” was organized by MES’ Pillai College of Education & Research on 28th February 2018 to all the students and teachers. It was an interesting session which is helpful to all the budding teachers to use innovative teaching learning practices in their real classroom teaching.



5. Session on STEAM kit by Edutech India Pvt Ltd: 20th January 2018

Training session on STEAM kit by Edutech India P Ltd was conducted at MES’ Pillai College of Education & Research, Panvel to all the teaching staff and students on 20th January 2018. The importance of using STEAM kit to students in the present scenario was explained and the step-by-step procedures were also demonstrated.

6. Session on Paper bag making: 2nd January 2018

A Session on Paper bag making was conducted by PCER on 2nd January 2018. A demonstration of making paper bags was given by Mrs. Geeta Thakur. Students prepare paper bags out of old magazines or old newspapers. These bags were then stamped with an environment friendly message and distributed to few vendors in the Khanda Colony market area. These vendors use these bags for selling sprouts, masala and other items.



7. Training session on Google Classroom and Moodle: 13th and 14th October 2017

Training session of Google Classroom and Moodle was organized by PCER Panvel, for all the teaching staff on 13th and 14th October 2017. During the session, the various features of Google Classroom were explained in detail. This session was very useful for all the teaching staff to upload their teaching materials, and make students submit their assignments etc. Also, insight about how to use Moodle was given. Overall, this training session was very informative to the entire teaching faculty.

8. Relaxation and heartfulness meditation: July-August 2017

Workshop on “Relaxaton and heartfulness meditation” was conducted by Heartfulness organization and Hindustan times for all the students, teaching and non- teaching staff. The importance of meditation was explained and all the participants were asked to follow the resource person’s instruction. This workshop made all the participants to feel relaxed.

9. Gender Sensitization: Date: 12th December 2017

PCER-Panvel organized a session on Gender Sensitization on 12th December 2017. The guest speaker Mrs. Dolly James is a social work consultant at Navjeevan Centre and is currently working on the Transgender Reintegration Programme with the Navodaya Movement. In lucid and precise words, Mrs. Dolly James explained the concept of sex & gender and 'LGBTIQ' which stands for Lesbian, Gay, Bisexual, Transgender, Intersex and Queer. She rightly pointed out that “The ultimate PROBLEM is the



REJECTION of something you know nothing about and still refuse to UNDERSTAND.” She gave examples of transgenders who are popular in certain fields and have prestigious positions. She threw light on the fact that it is not enough that the Government makes policies for transgenders but it is important that we the people change our mindset and accept them- in our housing societies, in our workplaces, in religious places, in schools and colleges and in the society! She concluded by sharing the helpline number for transgenders and requested the to-be teachers to spread awareness and have a positive attitude towards the Transgender community.

10. Environmental Sustainability and Tourism by Dr. Anjuna Dhir:Date: 09/12/2017

Pillai College of Education & Research, New Panvel conducted a session on “Environment Sustainability and Tourism” for students and teachers. Faculty member, Dr. Geeta R. Thakur coordinated the Skype session, and connected the audience to the Expert Dr. Anjuna Dhir, Director of the Ecotourism Society of India, New Delhi. Dr. Anjuna Dhir, a versatile & creative professional was introduced by Mrs. Bindu Tambe.me. She began with references to the Vedas, quotes by the Swinish tribe of American Indians and the eye-opener that said, “Our House is burning and we are blind to it.” She threw light on the facts put forth to the global world by the Millennium Ecosystem Assessment.Despite the disturbances with internet in between, she brilliantly put across the Social, Cultural and Economic impact of tourism on Environmental Sustainability. Dr. Anjuna Dhir patiently answered the questions posed by the audience. Her talk set the right note for further sessions. The session ended with a vote of thanks by Dr. Geeta Thakur.



11. Ecotourism & Personal Growth by Dr. Leon Periera: Date: 09/12/2017

Pillai College of Education & Research, New Panvel conducted a session on “Ecotourism and Personal growth” by Dr. Periera for students and teachers.t Dr. Leon Periera, a multifaceted personality & a trainer at IMS Learning



Resources, Mumbai. Dr. Sally presented him a potted plant awith his excellent presentation comprising of thought-provoking visuals, shared his ideas of how we can manage ecotourism intelligently and ensure personal growth. He also introduced the audience to a very informative and interesting process of reducing the Footprint and trained the thinking faculties of one and all.The audience positively participated in his interactive session and benefitted from his expert knowledge. The session concluded with a vote of thanks by faculty Mrs. Namrata Saxena.



12. Awareness of Bharat Initiative for Money-BHIM App: 08th July 2017

As per the directive of the Department of Higher Education and Ministry of Finance, Government of India, PCER students were asked to promote BHIM app (Bharat Initiative for Money). Hence a session on Digital Financial Literacy and Bharat Initiative for Money (BHIM) app to promote a "Less Cash Society" was conducted on 8th July, 2017 by the teacher -in-charge, Ms. Bindu S. Tambe to create awareness of BHIM App for students, teachers, teaching and non-teaching staff. A power point presentation followed by the step wise process of downloading the app was explained to the students. Our second- year students took up the challenge by downloading the app and understanding it's working. The students were advised



to convince at least 15-20 people in their neighbourhood to use this app. They had to explain the various features and benefits of this app. The students also had to convince people to become a less-cash society as that will be the future of the Indian society. Our students did a wonderful job wherein they went to neighbourhood shops, neighbours, people on the street to spread awareness about the BHIM app. The entire operation was completed by September,2017.

13. “Say No to Tobacco” by Mr. Jaykar Ellis: 29th June 2017

PCER, Panvel organized a session on “Say No to Tobacco” for students, teachers and non-teaching staff. our students were introduced to Mr. Jaykar Ellis, Founder, Heart Foundation, a registered NGO. This NGO is involved in many social activities like health, environment, education, etc. Mr. Ellis spoke to our students on the theme, “Say No to Tobacco”. During this session, Mr. Ellis reiterated the harmful effects of tobacco use and also encouraged our students and teachers to be agents of change. He suggested that we should be able to convince at least one person in our neighbourhood, in our family, in our building, etc. The students & teachers were really motivated to work in this project.


14. Training in Yoga: 21st June 2017

To celebrate the 3rd International Day of Yoga, PCER, organized a training session on 21st June 2017. Guest expert, Mrs. Rajalakshmi Rao guided the students and teachers of B.Ed. and M.Ed. to perform various simple Asanas and pranayams.



15. Training Programme on digital tools and presentation skills: 6th June 2017

A workshop on digital tools and presentation skills was organized by Mahatma Education Society on 6th and 7th June 2017 for all the students & teaching staff of Pillai College of Education and Research, New Panvel. This is beneficial to all those who attended the workshop to make their presentation more attractive and efficient.


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16. Effective Teaching (March 2018)- Pillai College of Education and Research, New Panvel organized a short term course to improve teaching and learning methodologies for teaching faculty. The Resource Person explained to the educators the concepts like disruptive technology, cognitive conflict and diagnostic testing. She also shared how PISA- program for international student assessment conducts tests. She told the participants that teachers must use a wide variety of methods for teaching and assessing the students.



17. Research Forum (21st September 2017) – Pillai College of Education and Research, New Panvel organized a research forum for faculty development on September 21st , 2017 to promote a culture of research and academic growth among its teaching staff. The resource person shared many tips on



research networking and bouncing off ideas among teams for feedback to improve on the quality of research.

18. Session by Soroptimist Women Achievers (27th January 2018) - The session conducted by Soroptimist Women Achievers at Pillai College of Education and Research, New Panvel highlighted the importance of empowering women in the education sector. The session also focused on boosting confidence and resilience in female educators. Attendees participated in discussions on overcoming gender-related challenges at work. The event ended with a Q&A session that provided advice on balancing career goals and personal life. The session was well-received and inspired attendees to pursue their goals with confidence and passion.